

The LITURGY

The Seven deadly sins and contrasting Virtues

Gluttony: Choosing to over-consume food or alcohol. Enjoying a delightful dinner isn't sinful, but intentionally overeating to the point where you literally get sick to your stomach is. So, too, having an alcoholic beverage now and then (provided that you don't suffer from alcoholism) is not sinful in the eyes of the Church. But drinking to the point of drunkenness is.

Legitimate eating disorders, such as anorexia and bulimia, aren't gluttony. They're medical conditions that require treatment and care. Gluttony is voluntary and merely requires self-control and moderation.

Periodic fasting, restricting the amount of food you eat, and abstinence, avoiding some favorite food, are the best defenses against gluttony.

Greed: The inordinate love of and desire for earthly possessions. Amassing a fortune and trying to accumulate the most stuff is greed, sometimes called avarice. Next to anger, envy, and lust, more crimes have been committed due to greed than any other deadly sin.

Generosity is the best weapon against greed. Freely giving some of your possessions away, especially to those less fortunate, is considered the perfect antithesis to greed and avarice..

Sloth: (sometimes called acedia) is laziness — particularly when it concerns prayer and spiritual life. Sloth is always wanting to rest and relax, with no desire or intention of making a sacrifice or doing something for others. It's an aversion to work — physical, mental, and spiritual. Spiritual laziness can only be overcome by practicing the virtue of diligence, which is the habit of keeping focused and paying attention to the

work at hand — be it the work of employment or the work of God.

REMEMBER: The Church says that the evil habit of being inattentive at religious worship services and being careless in fulfilling your religious duties is also a sin of sloth.

Reflection

Lord,
Let everything I do this day and in this season of Lent come from you, be inspired by you.

ROMAN CATHOLIC BIBLE TRIVIA

1. Name the disciple that denied Jesus 3 times?
 Matthew Mark Peter John
2. How many days was Jesus on earth after the resurrection?
 1 7 40 50
3. Which disciple betrayed Jesus for money?
 John James Judas Peter
4. Who parted the Red Sea?
 Pharaoh Moses Joseph Joshua
5. How many books are in the entire Catholic Bible?
 39 54 66 73
6. For Roman Catholics, when does the Christmas season officially end?
 Boxing Day Epiphany
 Pentecost Baptism of Jesus
7. Who's wife was turned into a pillar of salt?
 Lot Saul Job Jacob
8. Who committed the first murder in the bible?
 Adam David Cain Eve

See the next page for answers



This WEEK

Monday, March 8
8:30 a.m. Holy Mass

Tuesday, March 9
Parish office open
8:30 a.m. Holy Mass

Wednesday, March 10
Parish office open
8:30 a.m. Holy Mass

Thursday, March 11
8:30 a.m. Holy Mass

Friday, March 12
8:30 a.m. Holy Mass
6:00 p.m. Stations of the Cross
Followed by Soup Supper

Saturday, March 13
4:15– 4:45 p.m. Confessions
5:00 p.m. Sunday Vigil Mass

Sunday, March 14
9:00 a.m. Holy Mass

****** Confessions soon after daily Mass.**

STATIONS OF THE CROSS

Follow the **PASSION** of **CHRIST**
in meditation and prayer...



Fridays at 6:00 p.m.
All are invited to participate.
After the Stations, Soup Supper will be served.

Pray For...

Following parishioners and friends are in need of your kind prayers. Let's pray for:
Veronika Ward, Megan Gradwohl, Tom & Meghan Haaro tick, Renee Rohe, Gwinevere Wright, Michael Youngwirth, Mason Shull, Joe Hill, Jeff Devoak, Jim Nystrom, Shirley Schave, Marciavee Cossette, Joel Minor, Nathan, Osa Orison, Keith Huber, Cathy Dow, Klukwali Holmes, Mathew Antrim, Steve Hill, Loren Mason, Kelly Jenkins, Joel Minor.

Forward your prayer request names to parish e-mail, stannbonnersferry@gmail.com. Names will be listed for 4 weeks; you are welcome to relist if needed.

Called to *Serve*

MINISTRY SCHEDULE

Due to Covid-19, we will not be having Eucharistic Ministers distributing the Holy Communion until further notice. Altar Servers - Wearing Mask while serving is parents responsibility.

Saturday, March 13

Altar Server - Joe Neumayer
Eucharistic min. - Terri Neu,ayer
Lectors - Rafael Droz
Ushers - Helen Hill, Janice Cowin

Sunday, March 14

Altar Server - Abigail & Kayden Jones,
Lindsey Overman
Eucharistic min. - Mike & Mary Wade
Lectors - Denise Crichton
Ushers - John Alt, Tom Florea

TRIVIA ANSWERS

1 - 3	3 - 4	5 - 2	7 - 1
2 - 3	4 - 2	6 - 4	8 - 3

MESSAGE FROM Catholic Health Association

We are not out of the woods yet. As of today, sadly, 500,000+ Covid-19 deaths in USA

LoveThyNeighbor small act fact:

- Masks can slow the spread of the virus from those who may have it but don't know it, and also protect the wearer.
- Masks provide an extra layer to help prevent respiratory droplets from traveling in the air and infecting other people.
- Because COVID-19 spreads mainly among people who are in close contact — within about 6 feet — for a prolonged period, keeping that distance reduces the chance for spreading the virus.

Right now LOVE THY NEIGHBOR looks like;

- Wearing a Mask
- Washing and sanitizing hands
- Social distancing
- Getting vaccinated

SMALL act of love, a BIG IMPACT